Large Cell Neuroendocrine Carcinoma of the Mediastinum with α-Fetoprotein Production

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Large cell neuroendocrine carcinoma (LCNEC) is a relatively new category of pulmonary neuroendocrine tumor. Although it was first detected in the lung, LCNEC has since been found in a variety of extrapulmonary sites. We now describe a patient who was diagnosed with LCNEC originating from the mediastinum, an extremely rare disorder. An increased serum concentration of α-fetoprotein (AFP) in the patient was reduced by chemotherapy in association with tumor shrinkage. Furthermore, the tumor was confirmed immunohistochemically to produce AFP. To our knowledge, this is the first report of a LCNEC that produces AFP.

Key Words: Large cell neuroendocrine carcinoma, α-Fetoprotein, Mediastinal tumor.

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Large cell neuroendocrine carcinoma (LCNEC) is a high-grade neuroendocrine tumor that was first detected in the lung by Travis et al.[1] The prognosis of individuals with LCNEC has been reported to be poor, with a 5-year survival rate similar to that for small cell carcinoma.[2–4] Although originally found in the lung, LCNEC has since been described in a variety of extrapulmonary locations.[5–7] Among these locations, mediastinal LCNEC is extremely rare, with only a few cases having been reported.[8,9] We now report the first case of mediastinal LCNEC with α-fetoprotein (AFP) production.

CASE REPORT

A previously healthy 35-year-old Japanese man was found to have an abnormal mass in his right mediastinum on a chest radiograph during a health checkup. The patient's general condition was fair, and symptoms such as chest pain, weight loss, or fever were not noted. He was a current smoker, having smoked 20 cigarettes a day for 15 years. Computed tomography imaging of the chest revealed a 65 × 50 mm mass in the middle mediastinum (Figure 1*A*). Serum laboratory data were within normal limits. A bronchoscopic examination revealed a compression against the outside of the trachea. No other organs appeared to be affected on extensive examination. Subsequent evaluation for serum tumor markers revealed an increased level of AFP. Other examined markers, including β-human chorionic gonadotropin, carcinoembryonic antigen, and CA19-9, were within normal limits. Thoracoscopic examination revealed that the tumor was not invading into the adjacent lung. On the basis of these findings, we considered the tumor to have originated from the middle mediastinum. A biopsy revealed poorly differentiated carcinoma with neuroendocrine features. Thymic neuroendocrine carcinoma is exclusively located in the anterior-superior mediastinum.[1] Given the tumor's location, the increase in the serum concentration of AFP, and the patient's young age, the diagnosis of embryonal carcinoma was initially favored over purely neuroendocrine neoplasm. The patient received neoadjuvant chemotherapy with bleomycin (30 mg/body) on days 2, 9, and 16, etoposide (100 mg/m^2) on days 1 to 5, and cisplatin (20 mg/m^2) on days 1 to 5. Treatment cycles were repeated every 21 days for 4 cycles. The serum AFP level had decreased to within normal limits in association with shrinkage of the tumor by the end of the third cycle of chemotherapy (Figure 1*B*, *E*). However, the AFP concentration started to increase thereafter, and progression of the tumor was confirmed after the fourth cycle of chemotherapy (Figure 1*C*, *E*). The patient then received second-line chemotherapy with cisplatin (80 mg/m^2) on day 1 and paclitaxel (200 mg/m^2) on day 1 every 21 days for three cycles before surgery. The serum AFP level again decreased in association with tumor shrinkage (Figure 1*D*, *E*). Eight months after initial detection of the tumor, the patient underwent a tumorectomy combined with right upper lobectomy and tracheoplasty, given that the tumor was found to invade the adjacent right upper lobe and trachea at the time of surgery. Histopathologic examination of the surgical specimen revealed a solid tumor nest with massive necrosis. The tumor was relatively homogeneous throughout the resection, showing sheets of cells with a high nucleus-to-cytoplasm ratio. High-power magnification of the tumor revealed that the tumor cells manifested marked neu-

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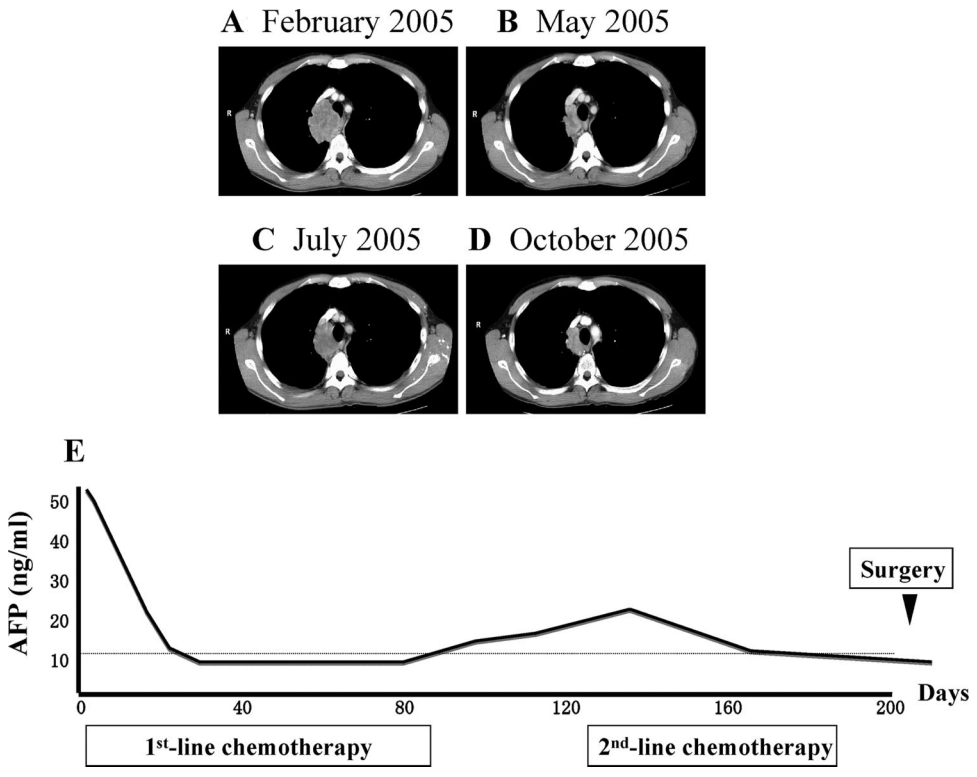

FIGURE 1. Chest computed tomography (CT) findings and serum AFP levels in the patient. *A–D*, Chest CT findings. A mass in the middle mediastinum was initially detected (*A*). The tumor had shrunk after three cycles of neoadjuvant chemotherapy (*B*), but its progression had resumed after the fourth cycle (*C*). The tumor shrank again in response to second-line chemotherapy (*D*). *E*, Time course of the serum concentration of AFP. The AFP level was initially increased, it decreased to within normal limits (dotted line) in association with tumor shrinkage during first-line chemotherapy, but it started to increase again after the third cycle. The serum AFP level again decreased in association with tumor shrinkage during second-line chemotherapy.

roendocrine features, such as frequent rosette structures and trabecular arrangements, nuclear moldings, and prominent mitoses (Figure 2*A*, *B*). The tumor cells also had abundant nucleoli. Immunohistochemical analysis showed the tumor cells to be diffusely positive for CK7 and neuroendocrine markers including CD56, chromogranin A (Figure 2*C*), and synaptophysin as well as negative for CD5, CD30, human chorionic gonadotropin, placental alkaline phosphatase, hepatocyte antigen, and thyroid transcription factor-1. No regions of the specimen showed features of a germ cell tumor or hepatoid carcinoma. On the basis of the morphology and staining characteristics of the tumor, a pathologic diagnosis of LCNEC was made. A small number of tumor cells showed subtle but unequivocal positive staining for AFP (Figure 2*D*). Thoracic radiotherapy was not able to be given because the patient suffered from thoracic empyema after surgery. Despite intensive chemotherapy, he died of extensive recurrence of carcinoma 4 months after the surgery.

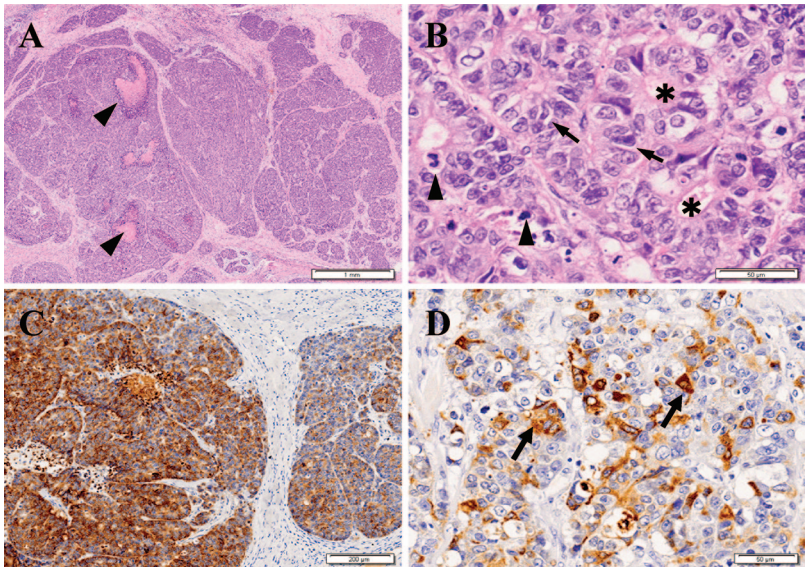

FIGURE 2. Histology and immunohistochemical analysis of the tumor specimen obtained at surgery. *A*, Hematoxylin-eosin staining revealed solid tumor nests with areas of necrosis (arrow heads). Note the homogeneous appearance of the tumor. *B*, High-power magnification of the tumor stained as in (*A*), showing numerous rosettes (asterisk), abundant cytoplasm, chromatin clearing with occasionally prominent nucleoli, nuclear molding (arrows), and frequent mitosis (arrow heads). *C*, Immunohistochemical staining for chromogranin A revealed diffuse and intense cytoplasmic staining. *D*, Immunohistochemical staining for AFP, showing a focus of tumor cells positive for AFP (arrows). Scale bars: 1 mm, 50 μ.

DISCUSSION

LCNEC is a relatively new category of pulmonary neuroendocrine tumor, with affected individuals reported to have a prognosis intermediate between those with atypical carcinoid lung cancer and those with small cell lung cancer.[10] Recent clinical studies indicate a 5-year survival rate of 27 to 67% even if patients are at pathologic stage I.[2–4] Since its original detection in the lung, LCNEC has been found in a variety of extrapulmonary locations including gastrointestinal sites and the uterine cervix.[5–7] The present case was identified as LCNEC originating in the mediastinum. Given the age of the patient and the tumor location, a diagnosis of embryonal carcinoma was initially considered, but no morphologic or immunohistochemical features indicative of embryonal carcinoma were found on extensive pathologic analysis of the surgical specimen. Primary mediastinal LCNEC is an extremely rare disorder and has been described in only a few case reports to date.[8–9]

In the present case, the increased serum AFP level decreased in association with tumor shrinkage in response to chemotherapy, and the tumor was confirmed immunohistochemically to produce AFP. AFP is the main component of fetal serum in mammals. It is synthesized by visceral endoderm of the yolk sac and fetal liver, but expression of the *AFP* gene is greatly reduced at the time of birth. AFP-producing carcinoma has been recognized for decades and reported in various locations including the lung and mediastinum.[11] In contrast to the present case, however, most cancers that produce AFP show morphologic features similar to hepatocellular carcinoma. With regard to neuroendocrine tumors, some case reports indicate that small cell carcinoma can also produce AFP.[12,13] As far as we are aware, however, the present case is the first reported example of LCNEC producing AFP. Given that the concept of LCNEC is relatively new, this may not be that surprising, and previous reports of small cell carcinoma may actually have been diagnosed as LCNEC today. Our case raises the possibility that the origin of mediastinal neuroendocrine tumors including LCNEC may be mediastinal primordial germ cells. Examination of germ cell tumor markers in neuroendocrine tumors may shed light on this matter.

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